



EzSatSE

Six-Minute Walk Test

Patient Name: **Demo, Data**

MRN#: **7654321**

Time: 8:37 PM

Physician Dr. Smith

Age: 45

B.M.I.: 23.0

Test Date: January 23, 2015

Room# Out/Pt

Gender: Male

Height: 178 (cm)
Weight: 73 (kg)

Supplemental oxygen during the test: **None**

Walking aids used: **None**

Medication: **None**

	Baseline	End of Test	Minimum	Maximum
BP	120/80	130/90		
HR	80	140	80	140
SPO2 (%)	99	87	85	99
Dyspnea	0	4	(Borg scale 0 - 10)	
Fatigue	0	5	(Borg scale 0 - 10)	
Resp. Rate	12	18		

ABG	
pH	0
PCO2	0 mmHg
PO2	0 mmHg
Base Ex.	0
Bicarb	0.0 mEq/L
TCO2	0 mmol/L
O2 Sat	0%
FIO2	0.00%

Activity	Comments	SPO2	Pulse Rate	Total Time (min:sec)	Time (min)
Walking	SIMULATED DATA	99	80	00:30	0.5
		97	85	01:00	1.0
		97	85	01:30	1.5
		95	90	02:00	2.0
		92	95	02:30	2.5
				03:00	3.0
		87	110	03:30	3.5
		85	140	04:00	4.0
		87	140	04:30	4.5
		87	140	05:00	5.0
		86	135	05:30	5.5
		87	140	06:00	6.0
Recovery		89	125	06:30	0.5
		90	115	07:00	1.0
		99	80	00:08:21	

Probe Type: Finger Tip

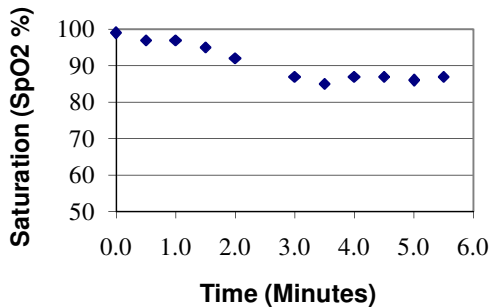
Stopped / Paused before 6 minutes: **1**

Reason:

Other symptoms at end of exercise: **None**

Total distance walked: **460** meters in **0:06:00** (mins:secs) 15 Laps walked. 30 meters/lap
 Predicted distance: **684** meters **67.25** % Predicted. Lower limit of normal: 531

Oxygen Saturation



Therapist Comments:

Therapist: Sam Sapde

Physician Interpretation:

Interpreting Physician _____
Dr. Tester

Six-Minute Walk Test

Patient Name: **Demo, Data**

MRN#: **7654321**

Time: 8:37 PM

Physician Dr. Smith

Age: 45

B.M.I.: 23.0

Test Date: January 23, 2015

Room# Out/Pt

Gender: Male

Height: 178

Weight: 73

Walking		
TIME	SPO2	HR
00:00:02	99	80
00:00:31	99	80
00:00:51	98	85
00:00:52	97	85
00:01:02	97	85
00:01:32	97	85
00:01:40	96	90
00:01:41	95	90
00:02:02	95	90
00:02:10	93	95
00:02:14	92	95
00:02:34	92	95
00:02:37	90	95
00:02:38	89	95
00:02:47	88	105
00:03:07	88	105
00:03:19	87	110
00:03:35	86	110
00:03:36	85	110
00:03:39	85	125
00:04:10	87	140
00:04:40	87	140
00:05:03	86	135
00:05:11	86	135
00:05:41	87	140
00:05:59	87	140

Patient Pauses			
Stage	Stg Time	Length	Comment
Walking	00:02:18	00:00:10	Stumbled

In-Test Comments		
Stage	Stg Time	Comment
Walking	00:00:17	Some Comment
Walking	00:01:25	Another Comment

SIMULATED

In-Test BORG Entries			
Stage	Stg Time	Dyspnea	Fatigue
		0	0
Walking	00:00:10	0.5	1
Walking	00:01:20	1	2
Walking	00:04:48	4	5

Test History		
Date	Min SPO2	Distance

Recovery		
TIME	SPO2	HR
00:00:31	89	125
00:01:02	90	115
00:01:32	93	115
00:02:02	97	105
00:02:21	99	80

www.EzSat.ca