



# EzSatSE

## Six-Minute Walk Test

Patient Name: **Demo, Data**

MRN#: **7654321**

Time: 8:24 PM

Physician Dr. Smith

Age: 45

B.M.I.: 23.0

Test Date: January 23, 2015

Room# Out/Pt

Gender: Male

Height: 178 (cm)  
Weight: 73 (kg)

Supplemental oxygen during the test: **None**

Walking aids used: **None**

Medication: **None**

	Baseline	End of Test	Minimum	Maximum
BP	120/80	125/90		
HR	80	135	80	135
SPO2 (%)	99	<b>86</b>	86	99
Dyspnea	0	2	(Borg scale 0 - 10)	
Fatigue	0	3	(Borg scale 0 - 10)	
Resp. Rate	12	18	<b>Bode Score: 0, MMRC Scale: 0, FEV1% Pred: 0</b>	

ABG	
pH	0
PCO2	0 mmHg
PO2	0 mmHg
Base Ex.	0
Bicarb	0.0 mEq/L
TCO2	0 mmol/L
O2 Sat	0%
FIO2	0.00%

Activity	Comments	SPO2	Pulse Rate	Total Time (min:sec)	Time (min)
Sitting		99	80	00:30	0.0
		99	80	01:00	0.5
Standing		98	85	01:30	1.0
		97	85	02:00	1.5
Walking		97	85	02:30	0.5
		97	85	03:00	1.0
		95	90	03:30	1.5
		93	100	04:00	2.0
		90	100	04:30	2.5
		90	110	05:00	3.0
		<b>88</b>	115	05:30	3.5
		<b>88</b>	115	06:00	4.0
		<b>87</b>	125	06:30	4.5
		<b>87</b>	125	07:00	5.0
Recovery		<b>87</b>	125	07:30	5.5
		<b>86</b>	135	08:00	6.0
		89	120	08:30	0.5
		93	100	09:00	1.0
		99	80	00:10:52	

Probe Type: Finger Tip

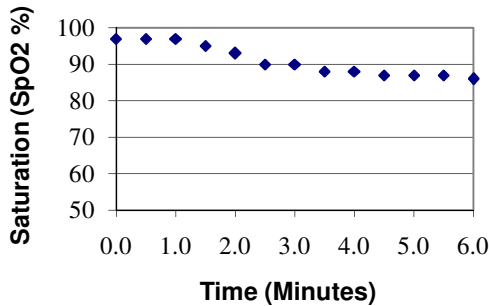
Stopped / Paused before 6 minutes: **1**

Reason:

Other symptoms at end of exercise: **None**

Total distance walked: **460** meters in **0:06:00** (mins:secs)      15 Laps walked.      30 meters/lap  
 Predicted distance: **684** meters      **67.25** % Predicted.      Lower limit of normal: 531

### Oxygen Saturation



Tech:   
 Comments:

Tech: Sam Sapde

Physician Interpretation:

Physician interpretation goes here

Interpreting Physician \_\_\_\_\_  
 Dr. Tester

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Sitting		
TIME	SPO2	HR
00:00:02	99	80
00:00:30	99	80
00:00:59	99	80
00:01:00	99	80

Standing		
TIME	SPO2	HR
00:00:02	99	80
00:00:12	98	85
00:00:30	98	85
00:00:31	97	85
00:00:59	97	85

Walking		
TIME	SPO2	HR
00:00:02	97	85
00:00:31	97	85
00:01:01	97	85
00:01:03	96	85
00:01:04	95	85
00:01:32	95	90
00:01:38	94	90
00:01:43	93	100
00:02:04	93	100
00:02:29	91	100
00:02:30	90	100
00:02:36	90	110
00:03:07	90	110
00:03:22	89	110
00:03:23	<b>88</b>	110
00:03:37	<b>88</b>	115
00:04:08	<b>88</b>	115
00:04:13	<b>87</b>	115
00:04:38	<b>87</b>	125
00:05:09	<b>88</b>	130
00:05:16	<b>87</b>	130
00:05:25	<b>87</b>	125
00:05:39	<b>87</b>	125
00:05:52	<b>86</b>	135
00:05:59	<b>86</b>	135

SIMULATED

In-Test BORG Entries			
Stage	Stg Time	Dyspnea	Fatigue
		0	0
Walking	00:02:05	2	3
Walking	00:02:43	4	5

Test History		
Date	Min SPO2	Distance

Patient Pauses			
Stage	Stg Time	Length	Comment
Walking	00:03:44	00:00:26	Weak, SOB

Recovery		
TIME	SPO2	HR
00:00:02	<b>86</b>	135
00:00:30	89	120
00:01:01	93	100
00:01:33	95	90
00:02:04	98	80
00:02:35	98	80
00:02:51	99	80

In-Test Comments		
Stage	Stg Time	Comment
Walking	00:02:58	Some Comment
Walking	00:03:13	Another Comment